

22 March 2021  
Student Services Division

To all students

### Our response to COVID-19 (after the lifting of the State of Emergency)

The State of Emergency declared on 8 January this year was lifted in Tokyo and the three surrounding prefectures on 21 March. In response, this university has decided that the alert level of the Hitotsubashi University Activity Restrictions Index for the Prevention of the Spread of COVID-19 will be set at Level 2 (<https://www.hit-u.ac.jp/eng/covid-19/index.html>).

The State of Emergency has been lifted, but many cases of infection are still being reported in Tokyo and the three surrounding prefectures. In order not to disrupt the holding of face-to-face classes, scheduled for the new academic year, we ask each and every one of our students to continue to take the following precautions as this year ends and the next begins.

Please also be sure to check the university website, CELS, etc. regularly for the latest information, as all notifications and communications from the university are subject to alteration in response to the situation.

#### 1. Overseas travel, or entry to Japan from overseas

At the same time as refraining from making any non-urgent or unnecessary trips overseas or entering Japan from overseas, where such travel or entry is unavoidable, please follow the guidance given e.g. during the medical inspection at the airport or port of entry, and strictly observe the period of isolation and other matters which are mandated by law.

#### 2. How to respond if you sense anything unusual about your physical condition:

If you develop a fever of 37.5 degrees Celsius or above or symptoms such as a cough or sore throat, or if you observe any equivalent physical abnormalities, or even a small impairment to your sense of taste or smell, irrespective of whether or not these are due to

this virus, please avoid going outside for anything which is not urgent, including lectures and other university business; and please contact the public health center with jurisdiction over your area to obtain their guidance.

3. Entry to the university premises (including all university facilities located off campus):

- 1) In principle, please do not enter for any non-urgent or unnecessary reason.
- 2) However, if you are entering for education or research activities such as participation in face-to-face classes, participation in the extracurricular activities which have received permission, administrative procedures, and so on, please ensure that you bring your student ID card when you enter.
- 3) Even in cases falling under 2) above, please spend as short a time as possible on university premises.

4. Everyday activities:

At the same time as making every effort to act prudently, such as doing everything to avoid participation in gatherings involving eating and drinking, or other events with a high risk of infection, please continue to ensure that you wash your hands frequently, gargle, sanitize your hands, and observe mask etiquette.

5. Extracurricular activities, etc.:

- 1) Please cancel or postpone gatherings involving eating and drinking, and other events or activities which carry a high risk of infection.
- 2) As for regular practices and other extracurricular activities, only those authorized by the university may be held. Please take adequate precautions to avoid the spread of infection when doing so, and keep your activities within the scope authorized (see CELS for details).
- 3) Please take the same precautions for activities by groups of friends as for extracurricular activities by organized groups or clubs.

6. On the day of the entrance ceremonies

Current students are forbidden from gathering to celebrate the new students on the day of the entrance ceremonies, scheduled for 4 April. In addition, please refrain from holding parties or other events involving eating and drinking after the ceremonies.

7. If you are diagnosed as positive or suspected positive as the result of testing by a medical institution:

At the same time as following the guidance of the medical institution, please report this immediately by telephone to the university's health center, and do not under any circumstances come to campus or take part in extracurricular activities, etc.

Hitotsubashi University Health Center (Tel: 042-580-8172)

<https://www.hit-u.ac.jp/eng/campuslife/health/center.html>

(Related websites)

Ministry of Health, Labour and Welfare

[https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/newpage\\_00032.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/newpage_00032.html)

Ministry of Foreign Affairs, overseas safety page

<https://www.anzen.mofa.go.jp/riskmap/>

Tama Tachikawa Health Center

<https://www.fukushihoken.metro.tokyo.lg.jp/tthc/toiawase.html>

Tama Kodaira Health Center

<https://www.fukushihoken.metro.tokyo.lg.jp/smph/tamakodaira/index.html>

Telephone advice line for those returning to or leaving Japan

<https://www.fukushihoken.metro.tokyo.lg.jp/iryu/kansen/coronasodan.html>

Ends