

11 September 2020
Student Services Division

To all students

Our response to the novel coronavirus (after the start of Autumn-Winter Semester classes)

As of today, cases of infection continue to be reported in Tokyo and across the country and, as we have already informed you via our website, a few cases of infection have arisen among our students.

We ask that all our students continue to pay attention to the points listed below, in order to prevent the spread of the novel coronavirus after classes start.

In addition, the notifications and correspondence from the university on various matters are subject to change depending on the circumstances, so please check our website, CELS, etc. regularly to obtain the most up-to-date information.

1. Travel to or entry to Japan from a country with regions classified by the Ministry of Foreign Affairs as Infectious Disease Risk Level 2 or above:

At the same time as refraining from making any non-urgent trips to or entering Japan from countries on this list, where such travel or entry is unavoidable, please follow the guidance given e.g. during the medical inspection at the airport, and strictly observe the period of isolation.

2. How to respond if you sense anything abnormal about your physical condition:

If you develop a fever of 37.5 degrees Celsius or above or symptoms such as a cough or sore throat, or if you observe any equivalent physical abnormalities, or even a small impairment to your sense of taste or smell, irrespective of whether or not these are due to the novel coronavirus, please avoid going outside for anything which is not urgent, including lectures and other university business; and please contact the public health center with jurisdiction over your area to obtain their guidance.

3. Entry to the university premises (including all university facilities located off campus):

- 1) In principle, please do not enter for any non-urgent reason.
- 2) However, for education and research activities such as participating in face-to-face classes, those extra-curricular activities which have received authorization, or administrative procedures, please ensure that you bring your student ID card when you enter.
- 3) Even in cases covered under 2) above, please spend as short a time as possible on university premises.

4. Everyday activities:

At the same time as making every effort to act prudently, such as doing everything to avoid participation in gatherings involving eating and drinking, or other events with a high risk of infection, please ensure that you wash your hands frequently, gargle, sanitize your hands, and observe mask etiquette.

5. Extracurricular activities, etc.:

- 1) Please cancel or postpone events or activities which involve close physical contact, such as shared meals or residential activities.
- 2) Please only carry out activities such as regular training sessions after obtaining authorization from the university, and please carry out these activities within the scope of the authorization, taking great care not to spread the virus (see CELS for details).
- 3) During activities among friends, please take similar care to that required for extracurricular activities with groups or clubs.

6. If you are diagnosed as positive or suspected positive as the result of testing by a medical institution:

At the same time as following the guidance of the medical institution, please report this immediately by telephone to the university's health center, and do not come to campus or take part in extracurricular activities, etc.

Hitotsubashi University Health Center (Tel: 042-580-8172)

<https://www.hit-u.ac.jp/eng/campuslife/health/center.html>

(Related websites)

Ministry of Health, Labour and Welfare

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/newpage_00032.html

Ministry of Foreign Affairs, overseas safety page

<https://www.anzen.mofa.go.jp/riskmap/>

Tama Tachikawa Health Center

<https://www.fukushihoken.metro.tokyo.lg.jp/tthc/toiawase.html>

Tama Kodaira Health Center

<https://www.fukushihoken.metro.tokyo.lg.jp/smph/tamakodaira/index.html>

Telephone advice line for those returning to or leaving Japan

<https://www.fukushihoken.metro.tokyo.lg.jp/iryo/kansen/coronasodan.html>

Ends