

26 March 2020
Student Services Division

To all students

Our response to the novel coronavirus

All students please note our response to infection caused by the novel coronavirus, as described below.

1. Re travel to a country with regions classified by the Ministry of Foreign Affairs as Infectious Disease Risk Level 2 or above:

At this time, please refrain from making any non-urgent trips to countries on this list.

2. If you have returned to or entered Japan from a country with regions classified by the Ministry of Foreign Affairs as Infectious Disease Risk Level 2 or above:

1) If you develop symptoms such as a fever or cough while in one of the countries on this list, please first follow the guidance issued locally.

2) If you have any of the above symptoms when returning to or entering Japan, please be sure to declare them to the quarantine officer at the airport or other port of entry, and follow their guidance.

3. After returning to or entering Japan from a country with regions classified by the Ministry of Foreign Affairs as Infectious Disease Risk Level 2 or above:

1) Please continue to monitor your situation for fourteen days after returning to or entering Japan, irrespective of whether or not you have any symptoms such as a fever or cough, and avoid going outside for anything which is not urgent, including lectures and other university business.

2) If you develop a fever of 37.5 degrees Celsius or above and symptoms such as a cough or sore throat during this monitoring period, please contact the public health center with jurisdiction over your area or the telephone advice line for those returning to Japan and those with whom they have been in contact, and follow their guidance.

3) Please ensure that you report any visit from March onwards (including any visit currently in progress) to any of the countries on the list to your graduate school or to the health center.

4. If you do not have a history of travel to a country with regions classified by the Ministry of Foreign Affairs as Infectious Disease Risk Level 2 or above:

If you develop a fever of 37.5 degrees Celsius or above and symptoms such as a cough or sore throat, or if you experience any equivalent abnormal change, however small, in your physical condition, irrespective of whether or not it is due to this infection, please avoid going outside for anything which is not urgent, including lectures and other university business. If your condition does not improve after four days, please report it to the public health center with jurisdiction over your area, and follow their guidance.

5. Extracurricular activities, etc.

- 1) Please cancel or postpone events or activities which involve close physical contact, such as shared meals or residential activities.
- 2) Please also exercise self-restraint regarding regular training sessions and other activities in order to avoid the spread of infection.
- 3) Please exercise self-restraint regarding the use of university facilities for extracurricular activities, etc., for the time being. (However, individual independent training which takes place outside and which does not involve speaking to others at close quarters is permitted).

6. If you are diagnosed as positive or suspected positive as the result of testing by a medical institution:

At the same time as following the guidance of the medical institution, please report this immediately by telephone to the university's health center, and do not come to classes or take part in extracurricular activities, etc.

Hitotsubashi University Health Center (Tel: 042-580-8172)

<https://www.hit-u.ac.jp/eng/campuslife/health/center.html>

(Related websites)

Ministry of Health, Labour and Welfare

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/newpage_00032.html

Ministry of Foreign Affairs, overseas safety page

<https://www.anzen.mofa.go.jp/riskmap/>

Tama Tachikawa Health Center

<https://www.fukushihoken.metro.tokyo.lg.jp/tthc/toiawase.html>

Tama Kodaira Health Center

<https://www.fukushihoken.metro.tokyo.lg.jp/smph/tamakodaira/index.html>

Telephone advice line for those returning to Japan and those with whom they have been in contact

<https://www.fukushihoken.metro.tokyo.lg.jp/iryō/kansen/coronasodan.html>

Ends