

8 January 2021  
Student Services Division

To all students

Our response to the novel coronavirus (while a State of Emergency is in operation)

The government has announced that a State of Emergency will be officially declared in Tokyo and three surrounding prefectures from today, 8 January. In response, this university has decided to change the alert level of the Hitotsubashi University Activity Restrictions Index for the Prevention of the Spread of COVID-19 to Level 3 (<https://www.hit-u.ac.jp/eng/covid-19/index.html>).

All students are asked to take note of the following points.

Please also be sure to check the university website, CELs, etc. regularly for the latest information, as all notifications and communications from the university are subject to alteration in response to the situation.

1. Overseas travel, or entry to Japan from overseas

At the same time as refraining from making any non-urgent or unnecessary trips overseas or entering Japan from overseas, where such travel or entry is unavoidable, please follow the guidance given e.g. during the medical inspection at the airport or port of entry, and strictly observe the period of isolation and other matters which are mandated by law.

2. How to respond if you sense anything unusual about your physical condition:

If you develop a fever of 37.5 degrees Celsius or above or symptoms such as a cough or sore throat, or if you observe any equivalent physical abnormalities, or even a small impairment to your sense of taste or smell, irrespective of whether or not these are due to the novel coronavirus, please avoid going outside for anything which is not urgent, including lectures and other university business; and please contact the public health center with jurisdiction over your area to obtain their guidance.

3. Entry to the university premises (including all university facilities located off campus):

- 1) In principle, please do not enter for any non-urgent or unnecessary reason.
- 2) However, if you cannot avoid entering these premises, such as on necessary business, please ensure that you bring your student ID card when you enter.
- 3) Even in cases covered under 2) above, please spend as short a time as possible on university premises.

4. Everyday activities:

At the same time as making every effort to act prudently, such as doing everything to avoid participation in gatherings involving eating and drinking, or other events with a high risk of infection, please continue to ensure that you wash your hands frequently, gargle, sanitize your hands, and observe mask etiquette.

5. Extracurricular activities, etc.:

- 1) Please cancel or postpone all activities for the time being, including not only events or activities which involve close physical contact, such as shared meals or residential activities, but also, in principle, those extracurricular activities authorized by the university.
- 2) Activities by groups of friends are to be treated in the same way as extracurricular activities by organized groups or clubs.

6. If you are diagnosed as positive or suspected positive as the result of testing by a medical institution:

At the same time as following the guidance of the medical institution, please report this immediately by telephone to the university's health center, and do not under any circumstances come to campus or take part in extracurricular activities, etc.

Hitotsubashi University Health Center (Tel: 042-580-8172)

<https://www.hit-u.ac.jp/eng/campuslife/health/center.html>

(Related websites)

Ministry of Health, Labour and Welfare

[https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/newpage\\_00032.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/newpage_00032.html)

Ministry of Foreign Affairs, overseas safety page

<https://www.anzen.mofa.go.jp/riskmap/>

Tama Tachikawa Health Center

<https://www.fukushihoken.metro.tokyo.lg.jp/tthc/toiawase.html>

Tama Kodaira Health Center

<https://www.fukushihoken.metro.tokyo.lg.jp/smph/tamakodaira/index.html>

Telephone advice line for those returning to or leaving Japan

<https://www.fukushihoken.metro.tokyo.lg.jp/iryo/kansen/coronasodan.html>

Ends